



ERICSA

2022

**Jazzin' It Up
for Children
and Families**

New Orleans

May 22 – 26, 2022

**59TH ANNUAL
TRAINING CONFERENCE
& EXPOSITION**

Refilling Your Tank with Positive Energy

Robbie Endris – Moderator
Client Partner
Conduent – Child Support Services

Rosalyn Guy-McCorkle, Esquire - Presenter
Allegheny County Title IV-D Supervisor
Allegheny County Law Department

Kimberly Newsom Bridges - Presenter
General Manager Child Support Solutions
CONDUENT

David S. Gillen – Presenter
Regional Manager – East Central Florida
Florida Department of Revenue Child Support Program



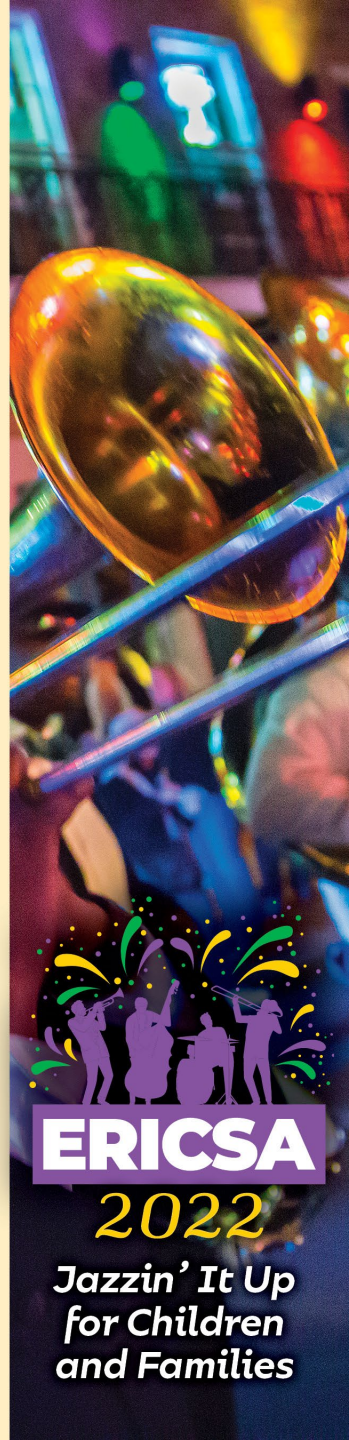
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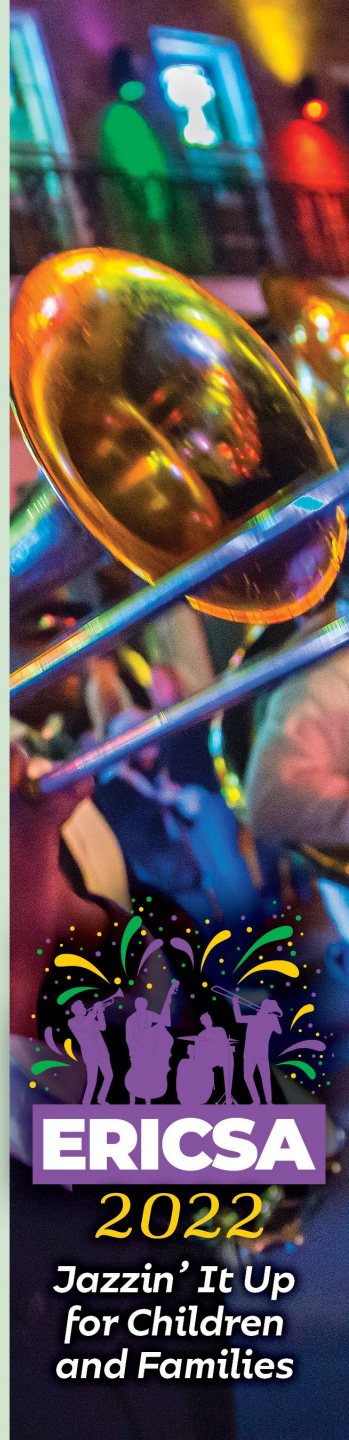
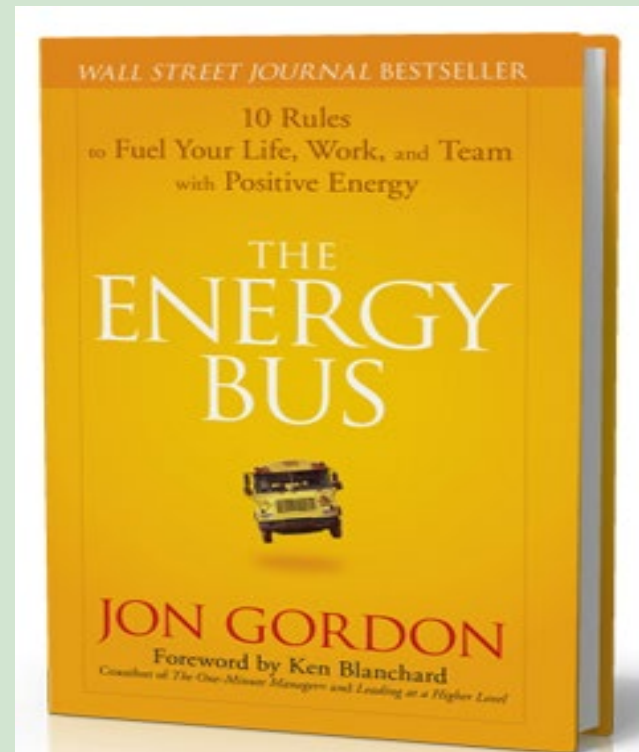
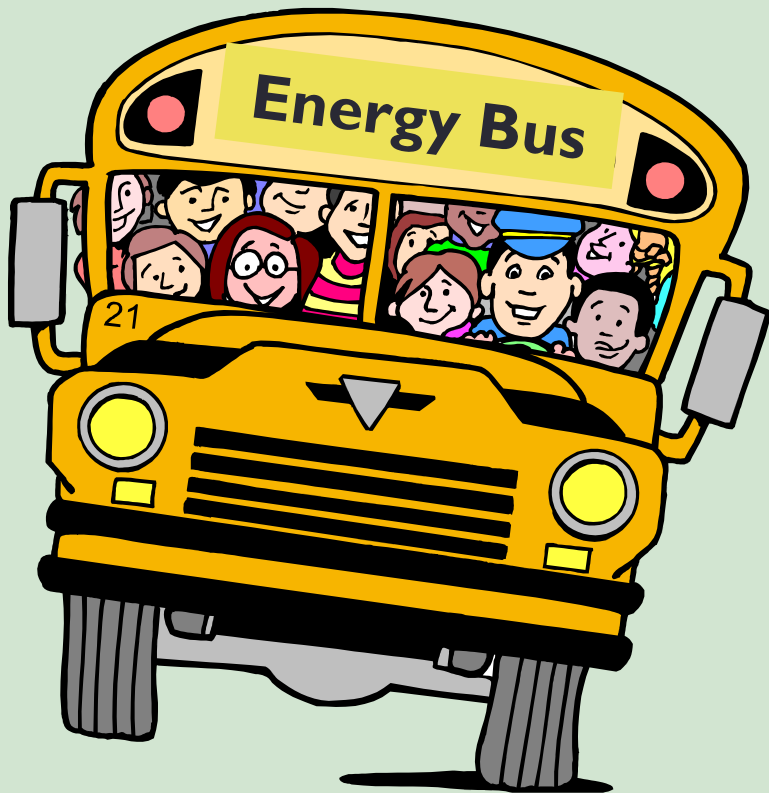
Session Description

In his book *The Energy Bus*, Jon Gordon shares 10 Rules for “Fueling Your Life, Work and Team with Positive Energy.” These rules are very simple and involve the science of habit building. This workshop will share concepts and ideas geared towards fueling your skills as a leader with some practical tips and exercises you can do upon your return to the office.



THE ENERGY BUS

- 10 RULES FOR THE RIDE OF YOUR LIFE!!



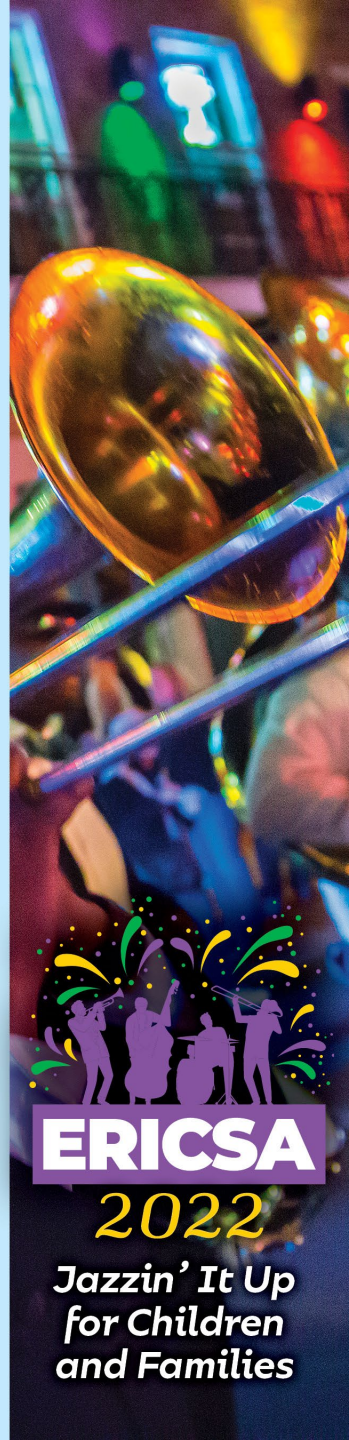
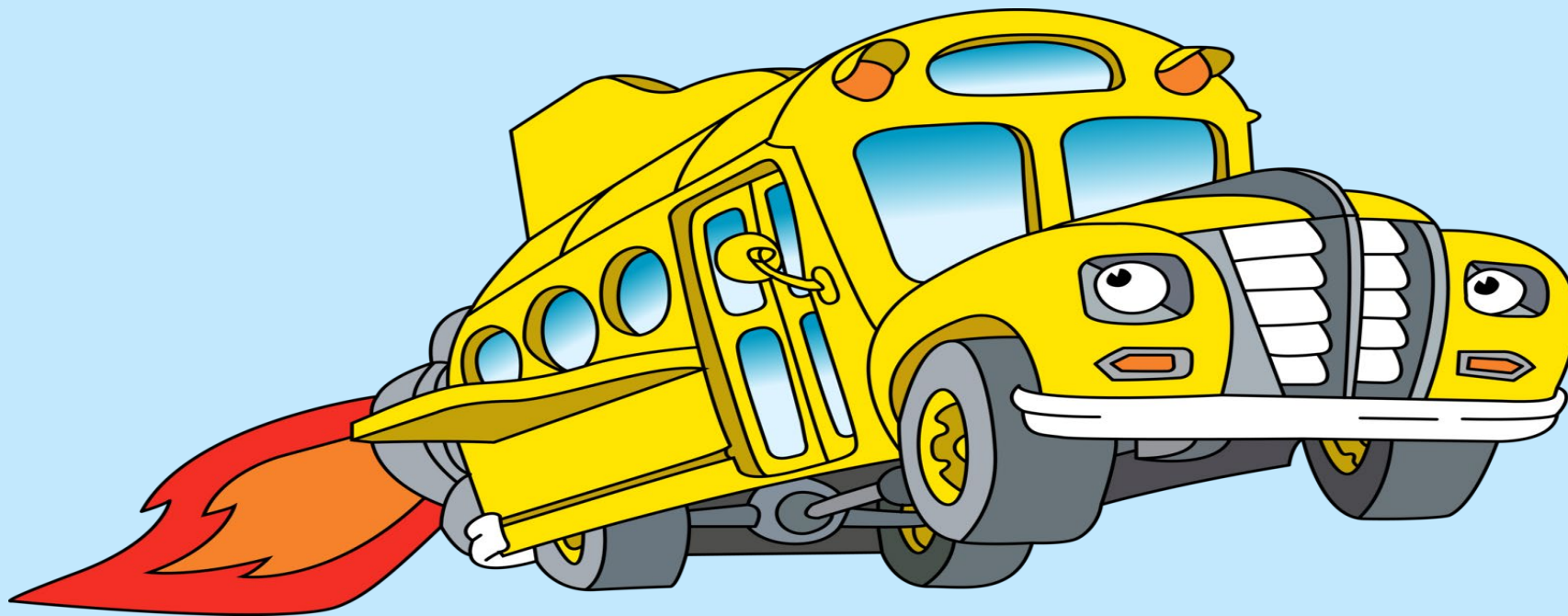
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ENERGY BUS RULE #1:

- You are the driver of the Bus



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THE ENERGY BUS RULE #2

- **Desire, Vision, and Focus
move your bus in the right
direction**

2. Desire, vision
and focus move
your bus in the
right direction.

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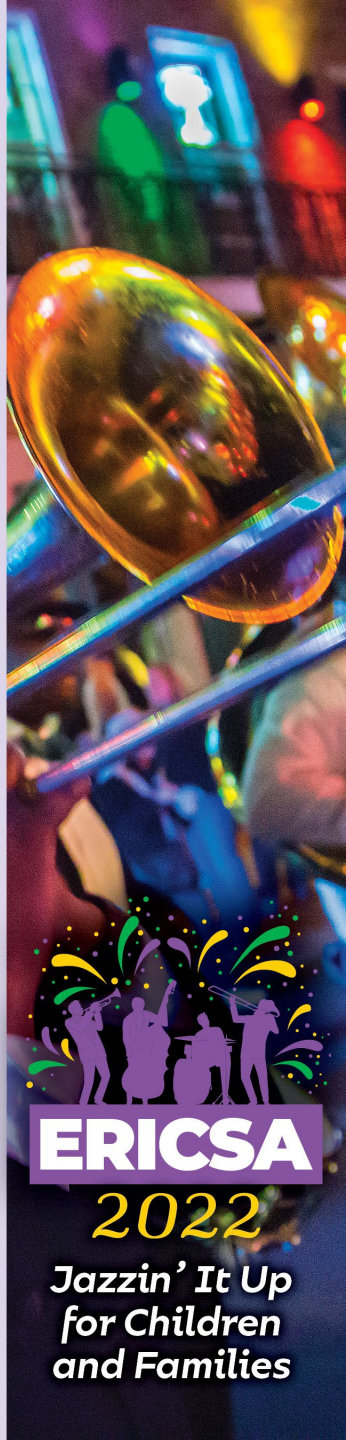
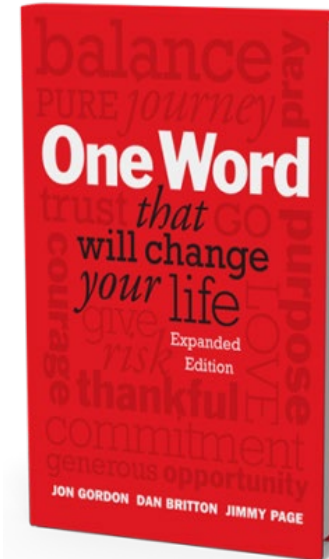
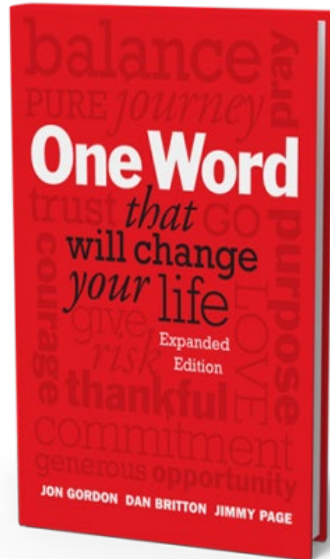
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THE ONE WORD PROCESS.....

One Word
that
will change
your life



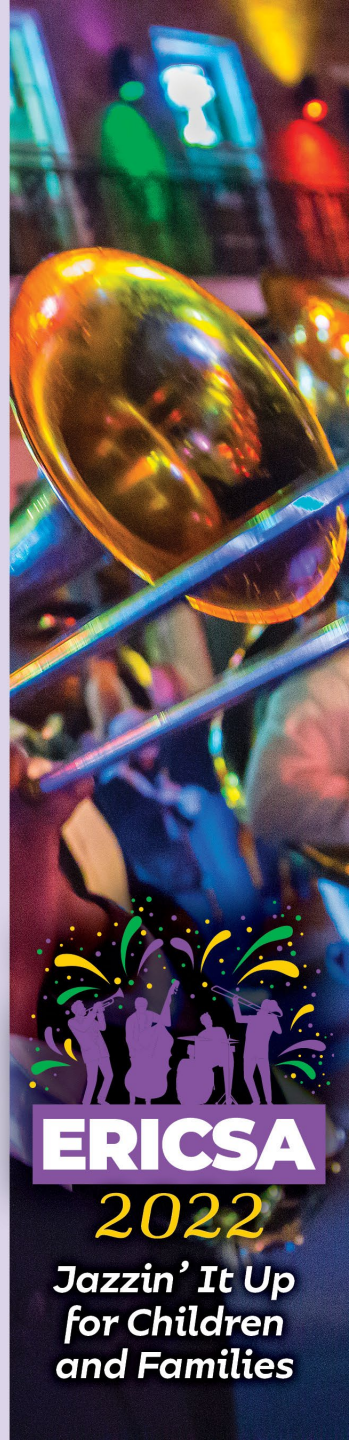
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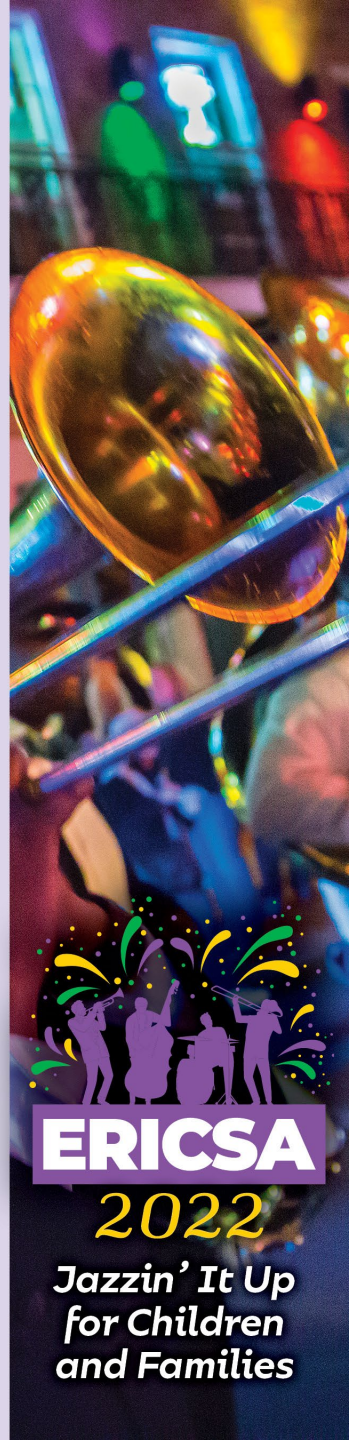
ENERGY BUS RULE #3:

- **Fuel your ride with POSITIVE Energy**



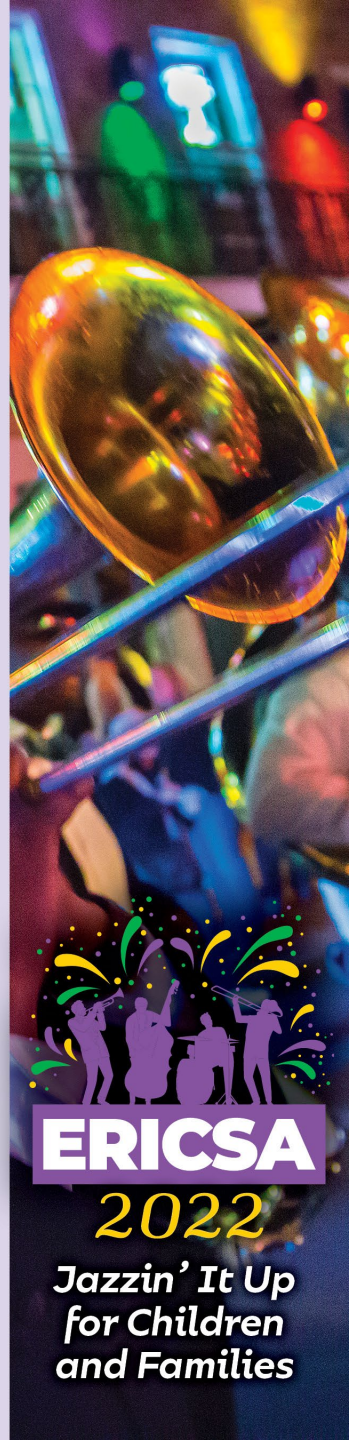
ENERGY BUS RULE #4:

- Invite people on your bus and share your vision for the road ahead



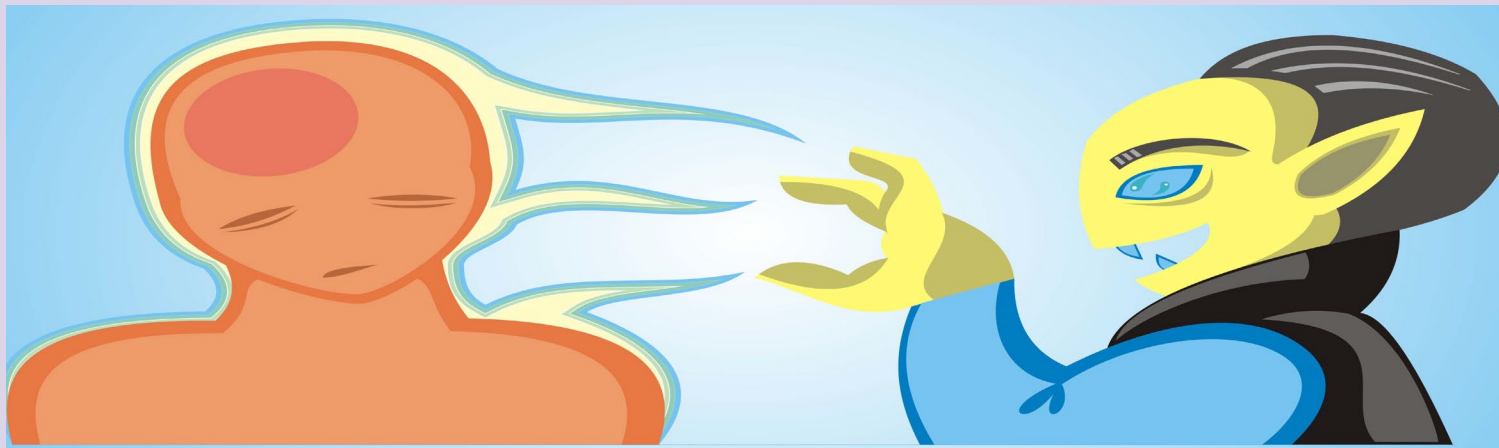
ENERGY BUS RULE #5:

- **Don't waste your energy on those who don't get on the bus**



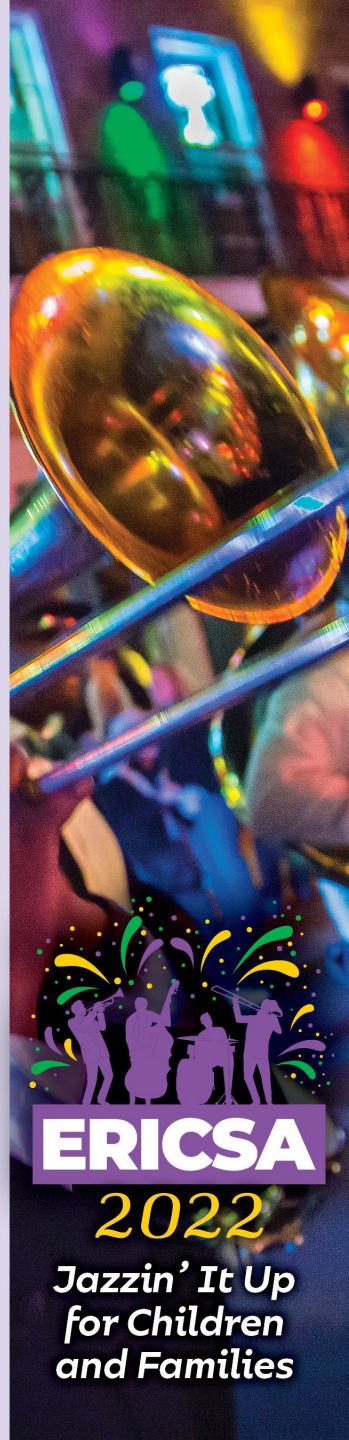
ENERGY BUS RULE #6:

- Post a sign that says “No Energy Vampires allowed”



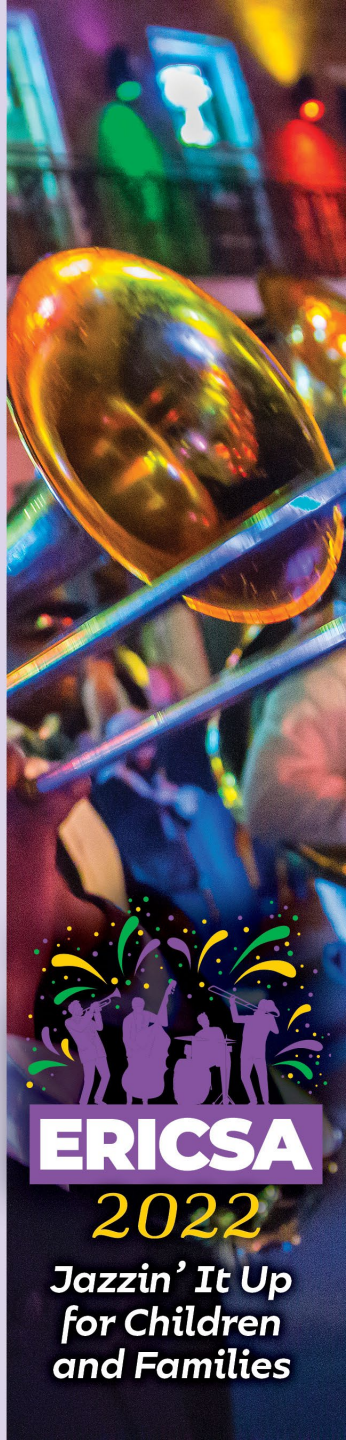
ENERGY BUS RULE #7:

- **Enthusiasm attracts more passengers and energizes them during the ride**



ENERGY BUS RULE #8:

- **Love your passengers**



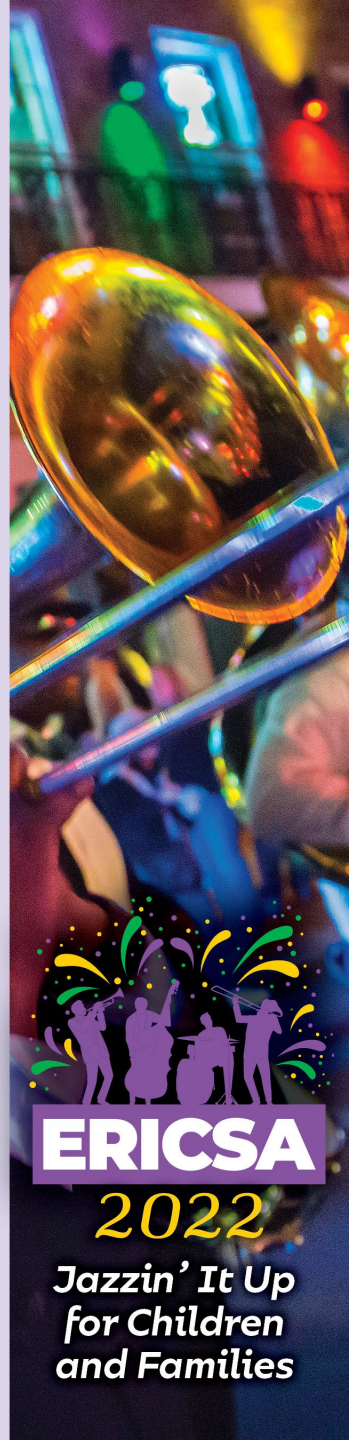
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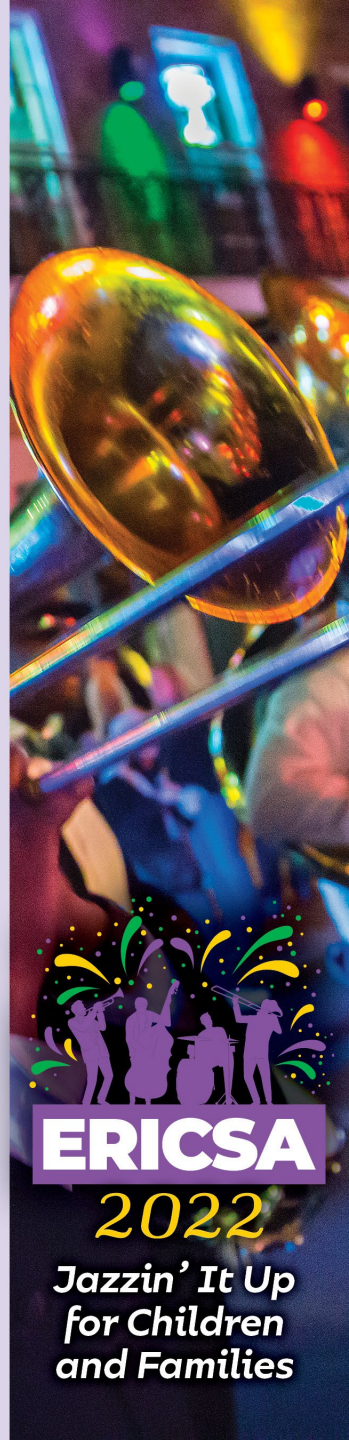
ENERGY BUS RULE #9:

- Drive with purpose



ENERGY BUS RULE #10:

- **Have fun and enjoy the ride!!**

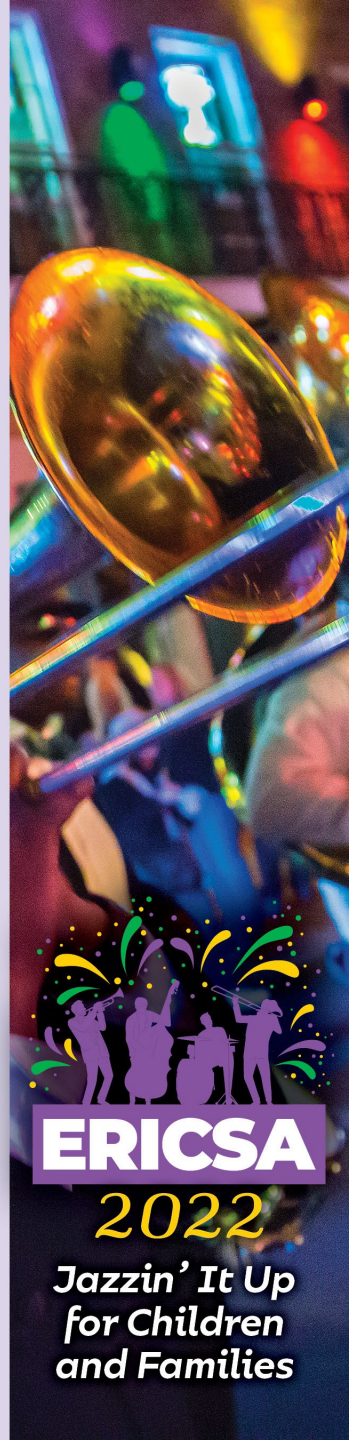


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Q & A SESSION:



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